

A Catholic Thanksgiving Prayer

Loving God,
who created and sustains the universe,
who loved us all into being,
and who gives us every good thing,
we thank you for the blessings
that you bring into our lives.

We thank you for the gift of life itself,
which you gave us in our mothers' wombs.
We thank you for the fresh start of each new day,
which is a sign of your renewing and creative love.
And we thank you for our friends, our families,
our neighbors and our coworkers,
whose human love is an image
of your divine care.

Increase our gratitude this Thanksgiving,
and help us to recognize all the good things
that we have, both large and small.
And magnify our desire to share
what we have with others,
so that they too may be
grateful to you,
Loving God.

Amen.

*This prayer is by Jesuit Father James Martin, author of
"The Jesuit Guide to (Almost) Everything."*

